



# Curriculum Summary Document

## Year 7

Module/Unit of Learning	Term Taught	What will students learn?	How will this build a broad and strong foundation?	Links to other subjects
Fundamental Movement Skills (Know)	Autumn	<p>Pupils in year 7 will develop confidence in passing and receiving, moving with and without the ball.</p> <p>Pupils will improve knowledge and understanding of key principles to attack (ball skills), defend (tackling/defending) and shooting/scoring tries and the basic principles of how and why we can do this using the required skills. This will enable pupils to invade space and go forward at pace in attack. Pupils will understand what elements of their defensive technique are weak and will know what practice will help correct it.</p> <p>During game play and mini competitive situations teams will be conditioned to employ a set of tactics that the opposition will have to recognise and reflect upon.</p> <p>Following an initial introductory unit students will move onto developing sport specific skills.</p> <p>Sports and Physical Activities will include: Netball, Rugby, Basketball, Indoor Cricket/OAA</p>	<p>Pupils will be able to outwit opposition, knowing the laws/rules of the game/activity and how to implement tactics/strategies using the skills we teach them.</p> <p>During gameplay a team will be able to employ a set of tactics that the opposition will have to recognise, unpick and counteract.</p> <p>We aim to encourage honesty, commitment, fair play and a willingness to work as part of a team.</p>	<p>Language / English Key Terms such as:</p> <p>Agility Balance Co-ordination Fluency and consistency</p>

Challenge (Show)	Spring Term	<p>Students will explore the vast array of ways that they can be challenged in a PE, and Physical Activity. Recognising when they are being challenged and being prepared for it. Students will be set scenarios and challenges to overcome and review performances to inform future decision making, improving practical skill application in competitive situations</p> <p>Sports and Physical Activities will include:</p> <p>Indoor Cricket, OAA, Football, Badminton, Performing at Maximum levels</p>	<p>Pupils will be able to perform, select and apply a range of skills in ever increasingly challenging situations.</p> <p>Students will develop performance of skills in isolated and competitive situations.</p> <p>Student will develop knowledge of laws/rules of the games/activities and how to implement tactics/strategies.</p> <p>During gameplay a team will be able to employ a set of tactics that the opposition will have to recognise, unpick and counteract.</p> <p>We aim to encourage honesty, commitment, fair play and a willingness to work as part of a team</p>	<p>Language / English</p> <p>Key Terms such as:</p> <p>Challenge</p> <p>Responsibility</p> <p>Organisation</p> <p>Confidence</p>
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<p>Responsibility and Self Management (Grow)</p>	<p>Summer Term</p>	<p>Students will explore the concept of responsibility from basic organisational skills, to taking on different roles within a team and sporting context. i.e. batter, 2<sup>nd</sup> base fielder, winger or even leading small tasks with peers.</p> <p>Students will consider how other skills help aid performance of these, such as active listening, clear communication and time management to improve personal, team and group performances.</p> <p>Sports and Physical Activities will include:</p> <p>Tennis, Cricket, Rounders/Striking and Fielding</p>	<p>Pupils will be able to perform, select and apply a range of skills in ever increasingly challenging situations.</p> <p>Students will develop performance of skills in isolated and competitive situations.</p> <p>Student will develop knowledge of laws/rules of the games/activities and how to implement tactics/strategies.</p> <p>During gameplay a team will be able to employ a set of tactics that the opposition will have to recognise, unpick and counteract.</p> <p>We aim to encourage honesty, commitment, fair play and a willingness to work as part of a team</p>	<p>Language / English Key Terms such as:</p> <p>Responsibility Organisation Strategy Sportsmanship Problem Solving Communication Listening</p>
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