	Curriculum Overview 2025-26														Subject Name: RSE																											
Data Entry Deadlines				HT						X-mas						нт						Easter					HT															
	٩	٩	d e	9	<u>d</u>	#:	ţ	Oct	>	8	3	3	o	o	00	_	a	e e	e	٩	٩	9	-	<u> </u>	a.	a	a.	-	ā.	ā.	<u>~</u>	lay	ay	Н	_	_	S	S	S		3	===
Week Beg.	1-Se	8-Se	15-S	22-S	29-S	9 9	13-C	20-Oct	9-K	10-N	N-71	24-N	1-De	8-De	15-D	5-Ja	12-7	19-	26-7	2-Fe	9-Fe	23-F	2-Ma	9-W	16-N	23-N	30-⊾	┡	70-A	27-A	4-Ma	-	18-№	Ŀ		9 2	15-J	22-7	29-1	nr-9	13-1	20-7
Year 7 (Class of 2029) During transition and introduction to secondary RSE students will develop their understanding of their own health and wellbeing as well as those around them in preperation for the "Wider world" module. A focus on personal safety in and outside of school including the risks of smoking/vaping/energy drinks which help students develop thier understanding of healthy & unhealthy lifestyles.							Health & Wellbeing The second half of the Autumn term will enable students to begin exploring their understanding of kindness & empathy which will them encourage learning about puberty both male and female. This half of the term includes a lesson on first aid and hygeine. Brook sessions will be led by specialist educators to support learning about puberty.						Wider World Students will develop skills and aspirations ofr careers and life in the wider world after school/college & education. Will focus on wider world personal goal/target setting and career/job exploration					Mider World After a personal focus on the wider world and life after school students will spend the second half of term exploring impacts on their own and others lives in the wider world. Such as; racism, Equality Act (Protected characteristics) and self esteem. Over this term the Police will support with sessions on ASB & living in the local environment.					Relationships & Sex Education Focus on diversity during this half term looking ta risky situations and bullying. This will allow for support of situations online and offline that may be unsafe or cause harm.					Relationships & Sex Education Final half term will look at the building of relationships including romantic relationships as well as friendships. Students will look at different structures of families as well as marriage and civil unions. Students will consider the importance of healthy relationships whilst identifying the characteristics.														
Data Entry Deadlines Week Beg.	1-Sep	8-Sep	П 15-Sep	S-25 ealth & N	de S -62 Wellbeing	6-Oct	13-Oct	20-Oct	3-Nov	10-Nov	NoN-71	th % Mell p	eing	8-Dec	15-Dec	5-Jan	12-Jan	19-Jan	Se-Jan	2-Feb	9-Feb	23-Feb	2-Mar	9-Wa	16-Mar	23-Mar	30-Mar	E	Jd Y-0Z	Sqider	-4-May	11-May	18-May		-Jun	다. 성 Relatio	- 15-Jun	unc-22	uncation	luc-9	13-Jul	20-Jul
Year 8 (Class of 2028) As students begin their second year of learning they will begin by focusing on their own wellbeing exploring their own identity and then the social pressures surrounding social media, group chats and messaging. Police sessions support this with a focus on 'nudes' and the shamp/creating of indecent images. Before half term students will look at the impact of knife crime and their own safety.						The second half of the term will continue to explore personal health and students will investigate the importance of sleep and diet. As students begin to identify a 'healthy diet' they will then gain an understanding of what I smeant by an eating disorder and an introduction to self harm as a topic. Students are taught about mehods to cope and support.						Students will develop their own personal management of the wider world focusing on attendance and punctuality as well as ambitions and career aspirations. Students will research entreprenuers and employability. The Police will attend the Academy to discuss County Lines and drug education.					Student will gain a deeper understanding and empathy for those in the community of whom we must treat equally. A focus on ableism and sexism to begin.						Focus on tolerance and mutual respect as well as positive masculinity and gender equality. Gender stereotypes are explored and the rise in online trolling and cyber bullying.					Students will focus on an introduction to contraception and sexual health. This will be delivered by Brook who are specialist leads in this area of RSE. Students will look at the importance of hygeine around puberty as a review from Year 7.														
Data Entry Deadlines															_						-						-						-									
Week Beg.	1-Sep	8-Sep	15-Sep	-Sep	Sep	oct	13-Oct	20-Oct	Nov-	Š	Š	No.)ec)ec	·Dec	-Jan	12-Jan	-Jan	-Jan	2-Feb	-Feb	23-Feb	2-Mar	·Mar	16-Mar	-Mar	30-Mar	20-Apr	27-Apr	į	4-May	1-May	18-May	1-Jun	n J		un .	un _C -	-Jun	luc-9	13-Jul	20-Jul
Health & Wellbeing Year 9 (Class of 2027) Students this term will study areas of health and wellbeing that begin to appreciate enmotional health as well as mental/physical from Y7&8. Students will explore health services as well as managin anxiety and the importance of happiness. Police will deliver sessions this term focusing on banter vs. bullying.						impact healthy	Health & Wellbeing After half term students will look at external variables that can impact health. This includes gambling, precription drugs and healthy diet. Students will finsih this study area with lessons on first aid and CPR. Students will cover the FGM and the law topic in Y9 instead of Y7.						Wider World Students will focus on living in the wider world and manging themselves in a home. Students will look at the cost of living and investigate the economy whilst learning about the importance of community which underpins the terms area focus of the wider world. The police will attend the academy to deliver sessions about Knife Crime.					Wider World As a continuation from the previous half term students will ivestigate hate crime and equality/equity whilst revisiting the protected characterisitcs. Students will discuss and explore homelessness and ways to prevent/support.					Relationships & Sex Education During this half of term Barnados will be In to support deliver y of the healthy relationships content. A fous will be on consent, conflict, equality and diveristy as well as pomography and sexting. These sessions have been developed by the chairty to support teaching.					Relationships & Sex Education Students will finish the year studying male body image as well as womens rights and misogyny. These different topics allow for exploration and understadning of differeing opinions and the impact soceity has on positive relationships between others especially gender.														
Data Entry Deadlines			۵	۵	۵		-	t				_					_	_	-						_	_		H		+		>	>	Н			_	_	-		_	_
Week Beg.	1-Sep	8-Sep	15-Sep	22-Sep	29-Sep	6-Oct	13-Oct	20-Oct	3-Nov	10-Nov	17-No	24-Nov	1-Dec	8-Dec	15-Dec	5-Jan	12-Jan	19-Jan	26-Jan	2-Feb	9-Feb	23-Feb	2-Mar	9-Mar	16-Mar	23-Mar	30-Mar	20-Ap	27-Apr	3	4-May	11-May	18-May	1, Lu	8-Jun		15-Jul	Inc-22	29-Jun		13-Jul	20-Ju
Health & Wellbeing					Health & Wellbeing						Wider World					Wider World							Relation	nships	& Sex Ed	ducation			Ē	Relatio	nships &	Sex E	ducation		\top							
YEAR 10 (Class of 2026) A focus on social media and the importance of resilience surrounding the use of it as well as the negative outcomes such as Ionliness. Students will then explore deepfakes and the malicious side of Al. YZUP aessions during this time to support drug education teaching,						Students will look at physical health and spend time understanding the importance of cancer screening to ensure prevention and overcome risk. As well as looking at health conditions students will then gain an appreciation for thenegative impact abuse of prescription and class C drugs have on the body. YZUP aessions during this time to support drug education teaching.						Throughout this term students will look at different elements of the outside world such as hate crime and language microaggressions which lead to bullying. The Police will attend the Academy to support with teaching surrounding Hate crime.						Students will look at individual topics such as the risks and harm of nitrous oxide. Students will also gain understadning of neurodiversity and begin to empathisise with how the wider world is different to others. The Police will attend the Academy to support with teaching surrounding Hate crime.						Students will look at the outcomes of relationshipos and the importance of safety. They will investigate adoption and fostering aswell as abortion and unplanned pregnancy. Studnets					Students wil complete this topic by invesitgating LGBTQ rights and revisiting equality. Students will gain an understanding of upskirting and sexual harassment in order to keep themselves and others safe.													
Data Entry Deadlines																																										
Week Beg.	-Sep	-Sep	5-Sep	2-Sep	g-Sep	o o	3-Oct	20-Oct	No N-	0-Nov	7-Nov	4-Nov	-Dec	Dec	5-Dec	Jan	2-Jan	9-Jan	6-Jan	Feb	Feb	3-Feb	-Mar	Mar	6-Mar	3-Mar	0-Mar		0-Apr	7-Apr	-May	1-May	8-Мау		un j	-Jun	5-Jun	2-Jun	unc-6] []	3-Jul	luc-0
YEAR 11 (Class of 2025) Students will investigate complusive behaviours and the impact on daily life. Students will gain an understanding about mob behaviours with a link to the 2024 riots. Personal safety will be of focus which will allow for students to focus on all elements of health helping to conclude their RSE studies since Y7.							8	Health & Wellbeing Students will explore fertility and reproductive health looking at PCOS, endometriosis and other conditions. Students will complete their health studies by looking at processed foods and the impact on lifestyle and health.						Wider World Students will be supported through their post-16 choices, careers exploration and college interviews. These will be supported by Unifrog platform and LM (Careers advisor).						Wider World Students will look at personal safety whilst travelling as well as wider world issues such as extremism and radicalisation.					RSE To finialise their RSE study students will look at the cost to be a parents as well as reenge born and being safe when in relationships after school and college.					GCSE Exams												