



# Curriculum Summary Document

## Year 7 RSE

Module/Unit of Learning	Term Taught	What will students learn?	How will this build a broad and strong foundation?	Links to other subjects
Health & Wellbeing	Autumn 1	<p><b><u>Transition and safety</u></b></p> <p>An introduction to secondary school and time spent learning about healthy &amp; unhealthy lifestyles. An introduction to mental health is included as well as safe internet use.</p>	Developing the knowledge, skills and attributes needed to keep themselves safe and allow for MBA to become a place they feel safe and included	Biology PE English
Health & Wellbeing	Autumn 2	<p><b><u>Personal Health</u></b></p> <p>A focus on their own health and topic such as smoking, vaping, sleep, hygiene and puberty will be taught.</p>	Physical and emotional health is explored to gain an appreciation and understanding of what themselves and others will go through.	Biology English PE Child Development
Living in the Wider World	Spring 1	<p><b><u>Aspirations</u></b></p> <p>Students will begin to discover their own personal skills and qualities whilst developing their own self-esteem and looking at their future aspirations. Students will begin to develop an understanding of needs and wants and how to budget their own finances.</p>	<p>Planning for the future, enabling students to consider their personal options.</p> <p>Students will gain a broader understanding of finance to help enable them to plan effectively.</p>	Careers English Maths Business Studies Finance
Living in the Wider World	Spring 2	<p><b><u>Looking out for others</u></b></p> <p>Students will end the term focusing on respect, protected characteristics and inclusions. Students will learn about the impacts of stereotyping and the importance of living together as a community. A characteristic of focus will be race therefore exploring racism and how to address and support those who are experiencing this.</p>	A clear focus on supporting others and learning the difference between right and wrong, equality and discrimination.	RE Geography English History
Relationship & Sex Education	Summer 1	<p><b><u>Qualities of a positive relationship</u></b></p> <p>Students will look at safety online as well as bullying. An introduction to healthy relationships and the concept of trust.</p>	Recognising risky situations, supporting others and accessing support in the offline and online world	Computing Tutor time English RE
Relationship & Sex Education	Summer 2	<p><b><u>Building relationships</u></b></p> <p>Friendships and romance as well as different families and marriage.</p>	Students will gain an appreciation of a healthy relationship if different contexts such as romantic relationships, friendships, families and marriage.	RE English Tutor time